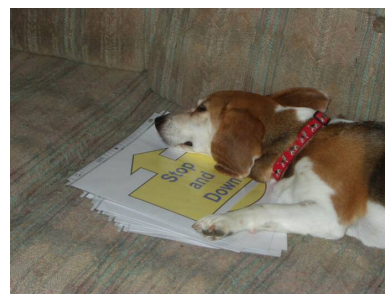


Caught In The Act... ...of being Good!!!



How many times a day do you “catch” your dog doing something you don’t want him/her to do? And how many times a day do you “catch” your dog doing exactly what you want them to do? My prediction is that catching the bad things far outweighs catching the good things.

Let’s switch that around! Get a small container – one you can leave sitting out on your counter. Week 1 – every day, put 5 small treats in the container. Randomly when your dog is doing something you like, reward them!

Does your dog lie calmly at your feet while you watch television or work on your computer? Reward it so that it will continue. Did you see your dog make the decision NOT to chase the cat? Reward that!

Reward life skills, house manners, and good decisions you want to see continue. Too often we get hung up on only rewarding behaviors when we ask for them. Rewarding ANY desired behavior helps to cement in your dog’s brain that it’s the behavior we want to see over other options (we don’t want to see).

Weeks 2, 3, and 4 – increase the daily treats by 5 each week, so that by Week 4 you are rewarding your dog’s awesome life skills 20 times each day!!! And since seeing your dog’s awesome new behaviors by doing this with him/her, you will be rewarded and want to continue this indefinitely – something I strongly encourage you to do for your dog’s entire life!!!

